

The Bath Beat - 21.04.18



EVENT DETAILS A visually spectacular spring walk of either 26.5, 21, 17.5 or 12.5 miles from the famous city of Bath. All routes explore the beautiful countryside to the south of the city, and the long route will visit the villages of Bathford, Avoncliffe, Hinton Charterhouse, Norton St. Philip, Wellow and Combe Hay before returning via the famous Somerset Coal Canal. Route descriptions, maps and gpx tracks will be emailed to all entrants about one month before the event.

START: Ralph Allen Comprehensive School, Claverton Down Road, Bath.
GR ST 772 628

REGISTRATION:

26.5, 21 & 17.5 mile routes - From 7:30 am

12.5 mile routes - From 08:00 am

All to have started by 09:30 am

We do not have fixed start times. Once you have checked in, you are free to leave thus creating a very relaxed start to the event. We would be grateful if runners could start after 9am.

TIME LIMIT: All to finish by 19:00, **there will be a cut-off time applied.**

REFRESHMENTS Tea and coffee at the start. Cakes and savouries at all checkpoints.

ENTRY FEE:

26.5, 21 & 17.5 (£10.00)

12.5 (£9)

IF EVENT NOT FULL – ALL ENTRIES ON DAY - £12. PLEASE CHECK BEFORE TRAVELLING.

APPLICATIONS Please detach and complete the entry form and send it to the Entries Secretary.

RULES OF THE EVENT

1. **ENTRIES:** Can be made on the official entry form. Send the form with a cheque payable to "The Bath Beat" Confirmation will be email.
2. **EVENT IS OPEN TO:** All persons aged 18 years or over on the day. Younger entrants are welcome on the event but they must have their entry form signed, and be accompanied by their parent or legal guardian.
3. **ROUTE DESCRIPTIONS:** Will be emailed to entrants approximately one month prior to the event. GPX tracks of the route will also be emailed to entrants. The route descriptions must be followed and the control card must be punched at each control point in sequence. If you go astray, retrace your steps and try again. Please do not climb fences or walls, take shortcuts, or trespass.
4. **RETIREMENTS:** You must retire at a manned control point and hand in your control card to a marshal. Transport back to Ralph Allen School will be provided. If it is impossible to reach a manned control point, give your control card to another entrant to hand in on your behalf. Under no circumstances retire without informing the organisers.
5. **CHECK-IN AT THE FINISH:** All entrants, including retirees, must check in at Ralph Allen School before journeying home.
6. **EQUIPMENT:** All entrants must carry the following items:- route description, control card, OS Landranger Map 172, compass, whistle, waterproofs, suitable footwear with good tread, simple first aid kit, change for the telephone, food and drink to supplement that provided at the control points. There will not be a kit check at the start, but the organisers reserve the right to carry out a check during the course of the event
7. **MUGS:** Entrants must carry a mug as there will be no cups at the checkpoints.

8. **DOGS:** Are the owners responsibility and are not covered by the organiser's insurance; they must be kept under control and put on a short lead near livestock.
9. **SAFETY:** The organisers reserve the right to refuse entry, require an entrant to retire on safety or other grounds, postpone or cancel the event if weather conditions are bad, disqualify an entrant for infringing the Country Code, or taking shortcuts over fences or farmland off the right of way.
10. **COUNTRY CODE:** Be safe, plan ahead and follow any signs. Leave gates and property as you find them. Protect plants and animals and take your litter home. Keep dogs under close control. Consider other people.
11. **DON'T FORGET TO BRING A MUG**

**YOU DON'T HAVE TO FILL THIS FORM IN AND POST IT,
SO IF YOU CAN'T BE BOTHERED WITH THE HASSLE OF
GETTING AN ENVELOPE AND A STAMP, WHY NOT BEAT
THE AGGRAVATION AND BOOK ON LINE BY VISITING**

www.thebathbeat.co.uk

The Bath Beat Saturday 21st April 2018

FORENAME:- _____ SURNAME:- _____

(as you wish it to appear on your certificate)

ADDRESS:- _____

Postcode:- _____ Tel.Number:- _____

E-MAIL address if you wish the route description to be sent electronically

(please print clearly):-

I have read and agree to abide by the rules of the event and to observe the Country Code at all times. I confirm that I am in good health and have no medical condition that may cause undue concern to others. I understand that I participate at my own risk and that no liability is accepted by the organisers for any injury, damage or loss sustained by me during the event.

SIGNATURE:- _____ DATE:- _____

(If appropriate, state if parent or legal guardian—see Rule 2)

Please detach the completed entry form and send it with a cheque payable to

'The Palladian Academy Trust'

Posted to – **Sarah Thompson, Ralph Allen School, Claverton Down Road, Bath, BA2 7AD**

Email: **admin@thebathbeat.co.uk**